

Happy St. Patrick's Day

Save The Date

- 2/1 Celtic Music
- 2/4, 2/5, & 2/7 Evergreen Kindergarten Visit
- 2/8 Resident Support Group
- 2/9 Our Voice Performance
- 2/12 Prohibition Lecture by Kent Morgan
- 2/13 Traveling Library
- 2/13 Songbirds Choir Concert
- 2/15 New Resident Group
- 2/19 Art Through the Ages by Lynette Michel
- 2/20 Silverkite Workshop Dancing Our Stories



Staff Directory

- General Manager**
Cecilia Fontana
- Marketing Director**
Danielle Harthorne
- Health Services Director**
Jen Galbraith
- Care Director**
Jessica Anderson
- Business Manager**
Juliya Kozlova
- Culinary Services Director**
Bradley Thomas
- Life Enrichment Director**
Cat Baller
- Maintenance Director**
Hiep Nguyen

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 3 TIME MAGAZINE DAY 9:00 Current Events 9:30 Brain Games 10:15 Sittercise 11:00 Celebrity Spotlight! 12:30 NYT Crossword Puzzle 1:15 Open Art Studio 2:00 TED TALKS 2:30 Movie 2:45 Walking Club 3:15 Dominoes 4:00 Church Service 6:00 Evening Movie	4 VERMONT STATEHOOD 8:45 1on1 Training Session 9:00 Current Events 9:30 Musical Brain Games 10:00 Balance Fit 10:35 Music & Relaxation 11:00 Music Exploration 12:30 NYT Crossword Puzzle 1:00 Bingo 1:30 Music Improv 2:00 Kindergarten Visit 2:15 Men's Club 2:30 Movie 2:30 Women's Group 2:45 Walking Club 3:00 Manicures 3:45 All Resident Meeting 6:00 Evening Movie	5 MARDI GRAS 9:00 Current Events 9:00 Elder Barre 9:30 Musical Brain Games 10:15 Chair Chi 10:35 Music & Relaxation 11:00 Drum up a Beat 12:30 NYT Crossword Puzzle 1:15 Flower Arranging 1:30 Choir 2:00 Kindergarten Visit 2:15 Taste of Aegis w/ Ian 2:30 Movie 2:45 Walking Club 3:30 Happy Hr: Nick Baker 6:00 Card Games 6:00 Cinema Classic	6 MICHAELANGELO DAY 8:45 1on1 Training Session 9:00 Current Events 9:30 Musical Brain Games 10:00 Balance Fit 10:35 Music & Relaxation 11:00 Fred Meyer Shuttle 11:00 Songwriters 12:30 NYT Crossword Puzzle 1:15 Creative Art 2:15 Culture & Dance 101 2:30 Movie 2:45 Walking Club 3:00 Lawn Games 4:00 Music & Relaxation 6:00 Evening Movie	7 MAD FOR PLAID DAY 9:00 Current Events 9:30 Musical Brain Games 10:15 Motion to Music 10:35 Music & Relaxation 11:00 Nordic Museum Outing 11:00 Round Table Chat 12:30 NYT Crossword Puzzle 1:15 Watercolor Class 2:00 Kindergarten Visit 2:15 Sing Up a Memory 2:30 Movie 2:45 Walking Club 3:00 Indoor Gardening 3:30 Black Jack 6:00 Evening Movie	8 INT'L WOMEN'S DAY 8:45 1on1 Training Session 9:00 Current Events 9:30 Musical Brain Games 10:00 Balance Fit 10:35 Music & Relaxation 11:00 Art Exploration 11:00 Resident Support Grou.. 12:30 NYT Crossword Puzzle 1:15 Acrylic Painting 2:15 Musical Grab Bag 2:30 Movie 2:45 Walking Club 3:30 Happy Hr: Barb Liggett 6:00 Evening Movie	9 TRAVEL TO SAN ANTONIO 9:00 Current Events 9:30 Wii Jeopardy 10:15 Sittercise 11:00 Explore the Culture 11:00 Scenic Drive 1:00 Bingo 2:30 Movie 2:45 San Antonio Travels 3:30 Our Voice Performance 6:00 Evening Movie
10 SPRING FORWARD DAY 9:00 Current Events 9:30 Brain Games 10:15 Sittercise 11:00 Catholic Communion 11:00 Celebrity Spotlight! 12:30 NYT Crossword Puzzle 1:15 Open Art Studio 2:00 TED TALKS 2:30 Movie 2:45 Walking Club 3:15 Creating Shapes 4:00 Church Service 6:00 Evening Movie	11 BRAIN HEALTH DAY 8:45 1on1 Training Session 9:00 Current Events 9:30 Musical Brain Games 10:00 Balance Fit 10:35 Music & Relaxation 11:00 Music Exploration 12:30 NYT Crossword Puzzle 1:00 Bingo 1:30 Music Improv 2:15 Men's Club 2:30 Movie 2:30 Women's Group 2:45 Walking Club 3:00 Manicures 3:45 Sing Before Supper 6:00 Evening Movie	12 BERMUDA DAY 9:00 Current Events 9:00 Elder Barre 9:30 Book Club 9:30 Musical Brain Games 10:15 Chair Chi 10:35 Music & Relaxation 11:00 Prohibition Lecture 12:30 NYT Crossword Puzzle 1:15 Flower Arranging 1:30 Choir 2:15 Taste of Aegis w/ Ian 2:30 Movie 2:45 Walking Club 3:30 Happy Hr: Richard Dean 6:00 Card Games 6:00 Cinema Classic	13 K9 VETERANS DAY 8:45 1on1 Training Session 9:00 Current Events 9:00 Traveling Library 9:30 Musical Brain Games 10:00 Balance Fit 10:35 Music & Relaxation 11:00 Safeway Shuttle 11:00 Jeffrey Davis 12:30 NYT Crossword Puzzle 1:15 Creative Art 2:15 Culture & Dance 101 2:30 Movie 2:45 Walking Club 3:00 Card Games 4:00 Songbirds Choir Concer 6:00 Evening Movie	14 PI DAY 9:00 Current Events 9:30 Musical Brain Games 10:15 Motion to Music 10:35 Music & Relaxation 11:00 Olive Garden Outing 11:00 Round Table Chat 12:30 NYT Crossword Puzzle 1:15 Watercolor Class 2:15 Sing Up a Memory 2:30 Movie 2:45 Albert Einstein Doc. 3:30 Black Jack 6:00 Evening Movie	15 MAINE BIRTHDAY 8:45 1on1 Training Session 9:00 Current Events 9:30 Musical Brain Games 10:00 Balance Fit 10:35 Music & Relaxation 11:00 Art Exploration 11:00 New Resident Group 12:30 NYT Crossword Puzzle 1:15 Acrylic Painting 2:15 Musical Grab Bag 2:30 Movie 2:45 Walking Club 3:30 Happy Hr: John Pressm 6:00 Evening Movie	16 TRAVEL TO IRELAND 9:00 Current Events 9:30 Wii Jeopardy 10:15 Sittercise 11:00 Explore the Culture 11:00 Scenic Drive 1:00 Bingo 2:30 Movie 2:45 Creative Coloring 3:15 Ireland Travelogue 6:00 Evening Movie
17 ST PATRICK'S DAY 9:00 Current Events 9:30 Brain Games 10:15 Sittercise 11:00 Catholic Communion 11:00 Celebrity Spotlight! 12:30 NYT Crossword Puzzle 1:15 Open Art Studio 2:00 TED TALKS 2:30 Movie 2:45 Walking Club 3:15 PO KE NO 4:00 Church Service 6:00 Evening Movie	18 MYTHOLOGY MONDAY 8:45 1on1 Training Session 9:00 Current Events 9:30 Musical Brain Games 10:00 Balance Fit 10:35 Music & Relaxation 11:00 Music Exploration 12:30 NYT Crossword Puzzle 1:00 Bingo 1:30 Music Improv 2:15 Men's Club 2:30 Movie 2:30 Women's Group 2:45 Walking Club 3:00 Manicures 3:45 Sing Before Supper 6:00 Evening Movie	19 MARCH MADNESS 9:00 Current Events 9:00 Elder Barre 9:30 Musical Brain Games 10:15 Chair Chi 10:35 Music & Relaxation 11:00 Art History w/ Lynette 12:30 NYT Crossword Puzzle 1:15 Flower Arranging 1:30 Choir 2:15 Taste of Aegis w/ Ian 2:30 Movie 2:45 Walking Club 3:30 Happy Hr: Chris Yates 6:00 Card Games 6:00 Cinema Classic	20 HAPPINESS DAY 8:45 1on1 Training Session 9:00 Current Events 9:30 Musical Brain Games 10:00 Balance Fit 10:35 Music & Relaxation 11:00 Fred Meyer Shuttle 11:00 Songwriters 12:30 NYT Crossword Puzzle 1:00 Silver Kite Workshop 1:15 Creative Art 2:15 Culture & Dance 101 2:30 Movie 2:45 Walking Club 3:00 Lawn Games 4:00 Music & Relaxation 6:00 Evening Movie	21 HOLI FESTIVAL 9:00 Current Events 9:30 Musical Brain Games 10:15 Motion to Music 10:35 Music & Relaxation 11:00 Snoqualmie Falls Outing 11:00 Round Table Chat 12:30 NYT Crossword Puzzle 1:15 Watercolor Class 2:15 Sing Up a Memory 2:30 Movie 2:45 Walking Club 3:00 Indoor Gardening 3:30 Black Jack 6:00 Evening Movie	22 LILA & JOE ANNIVERSARY 8:45 1on1 Training Session 9:00 Current Events 9:30 Musical Brain Games 10:00 Balance Fit 10:35 Music & Relaxation 11:00 Community Art Walk 12:30 NYT Crossword Puzzle 1:15 Acrylic Painting 2:15 Musical Grab Bag 2:30 Movie 2:45 Walking Club 3:30 Happy Hr: David Little 6:00 Evening Movie	23 TRAVEL TO JAMAICA 9:00 Current Events 9:30 Wii Jeopardy 10:15 Sittercise 11:00 Explore the Culture 11:00 Scenic Drive 1:00 Bingo 2:30 Movie 2:45 Creative Coloring 3:15 Jamaica Travelogue 6:00 Evening Movie
24 GEORGE & DONNA ANNIVERSARY 9:00 Current Events 9:30 Brain Games 10:15 Sittercise 11:00 Catholic Communion 11:00 Celebrity Spotlight! 12:30 NYT Crossword Puzzle 1:15 Open Art Studio 2:00 TED TALKS 2:30 Movie 2:45 Walking Club 3:15 Smart Mouth 4:00 Church Service 6:00 Evening Movie	25 MEDAL OF HONOR DAY 8:45 1on1 Training Session 9:00 Current Events 9:30 Musical Brain Games 10:00 Balance Fit 10:35 Music & Relaxation 11:00 Music Exploration 12:30 NYT Crossword Puzzle 1:00 Bingo 1:30 Music Improv 2:15 Men's Club 2:30 Movie 2:30 Women's Group 2:45 Walking Club 3:00 Manicures 3:45 Sing Before Supper 6:00 Evening Movie	26 PURPLE DAY 9:00 Current Events 9:00 Elder Barre 9:30 Musical Brain Games 10:15 Chair Chi 10:35 Music & Relaxation 11:00 Drum up a Beat 12:30 NYT Crossword Puzzle 1:15 Flower Arranging 1:30 Choir 2:15 Taste of Aegis w/ Ian 2:30 Movie 2:45 Walking Club 3:30 Happy Hour 6:00 Card Games 6:00 Cinema Classic	27 CHERRY BLOSSOM DAY 8:45 1on1 Training Session 9:00 Current Events 9:30 Musical Brain Games 10:00 Balance Fit 10:35 Music & Relaxation 11:00 Trader Joes Shuttle 12:30 NYT Crossword Puzzle 1:15 Creative Art 2:15 Culture & Dance 101 2:30 Movie 2:45 Walking Club 3:00 Card Games 4:00 Music & Relaxation 6:00 Evening Movie	28 BASEBALL DAY 9:00 Current Events 9:30 Musical Brain Games 10:15 Motion to Music 10:35 Music & Relaxation 11:00 Goodwill Outing 11:00 Round Table Chat 12:30 NYT Crossword Puzzle 1:15 Watercolor Class 2:15 Sing Up a Memory 2:30 Movie 2:45 Cat Skiing w/ Ian 3:30 Black Jack 6:00 Evening Movie	29 KING AND I DAY 8:45 1on1 Training Session 9:00 Current Events 9:30 Musical Brain Games 10:00 Balance Fit 10:35 Music & Relaxation 11:00 Art Exploration 12:30 NYT Crossword Puzzle 1:15 Acrylic Painting 2:15 Musical Grab Bag 2:30 Movie 2:45 Walking Club 3:30 Happy Hr: Mark Shaffer 6:00 Evening Movie	30 TRAVEL TO COZUMEL 9:00 Current Events 9:30 Wii Jeopardy 10:15 Sittercise 11:00 Explore the Culture 11:00 Scenic Drive 1:00 Bingo 2:30 Movie 2:45 Creative Coloring 3:15 Cozumel Travelogue 6:00 Evening Movie
31 CRAYOLA CRAYON DAY 9:00 Current Events 9:30 Brain Games 10:15 Sittercise 11:00 Catholic Communion 11:00 Celebrity Spotlight! 12:30 NYT Crossword Puzzle 1:15 Open Art Studio 2:00 TED TALKS 2:30 Movie 2:45 Walking Club 3:15 Mancala 4:00 Church Service 6:00 Evening Movie						

